

David Rumfellow has never attended LSU, but that doesn't stop him from spending his mornings in the quad practicing calisthenics, meditation and parkour.

Rumfellow has a decade of experience in circus arts, and after an injury, he decided to add meditation to his daily practices. He showcases his talents in the middle of the quad, welcoming any curious students. From the circus to the quad, he spends his time getting to know LSU students.

"I do a lot of various circus arts and from the outside, I could see how someone would want to know like 'What is that guy doing,'" Rumfellow said.

Rumfellow's time in the quad has gotten him a lot of attention online and on campus. Videos circulating show him jumping between benches in the quad and sitting in trees. Students like Evan Drecker get to know Rumfellow by showing off his own talents.

"I've been coming here as kind of a little soloist on Fridays to just play guitar with my friends," Drecker said. "I don't know all their names but we get together and we play some music and there will be new faces and new people every time so I like it."

Although Rumfellow enjoys sharing his meditation tips to students on campus, he acknowledges that he's not a professional expert and cannot help everyone.

"But I also don't want to frame purely why I'm here as a selfless individual trying to help everyone," Rumfellow said. "Because doing flips and getting some attention—like it's cool."

This is Rumfellow's second year on campus. He first started off performing behind the Student Union until his roommate told him about the quad.

"If I'm not at my other job, I'm essentially out here meditating talking to people," Rumfellow said.

The best day of the week, in Rumfellow's opinion, is Friday when David gets to enjoy other people's talents as the quad livens up with students playing music.

"It's been a warm welcome so far and I have really appreciated getting to know the student," Rumfellow said.